



EQUIP GROUPS

Monday Evenings + 6:30-8:30pm
Norwood Campus

Content driven groups designed to equip you for life and ministry.



Life Change

re:generation

A 12 step group

Led by re:gen Team

re:generation is recovery through 12-step discipleship. At re:generation, we believe that anyone can experience new life and freedom from life's hurts, habits and hangups by working through these biblical steps of healing within the context of authentic biblical community.

Begins 1/20 6:30-8:30pm Childcare Ongoing \$10/book



Support

Embrace Grace

A video/book study

Led by Embrace Grace Team

This group provides emotional, practical, and spiritual support for single, young pregnant women who find themselves in an unplanned pregnancy and in need of help and support. Contact embracegrace@firstthurst.com or 682.292.8252 (text or call) for more info.

Begins 1/20 6:30-8:30pm Childcare 12 Weeks Free



Women

The Amazing Collection

A video study

Led by Murrell Whelan

The Amazing Collection takes you on a unique journey through the Bible. You'll see that everything since time began has been moving toward eternity, when God and His people will dwell together forever, because of Christ. This semester the study will cover the books of Genesis, Exodus, Leviticus, Numbers and Deuteronomy.

Begins 1/20 6:30-8:30pm Childcare 10 weeks \$14/book



Parents

Messy Parenting

A video study

Led by Ed Staff

Every family home is built on a foundation. Some are built on sand and crumble, while others are built on rock and stand. In this brand-new parenting seminar, pastor and best-selling author Dr. Paul David Tripp will outline the required tools needed to build your home on solid ground. He will help your family implement the beliefs, values, words, and actions that are foundational to a Godly home.

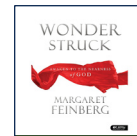
Begins 2/3 6:30-8:30pm Childcare 4 weeks No cost



EQUIP GROUPS

Weekday Classes
Norwood & The Trails Campus

Content driven groups designed to equip you for life and ministry.



Tuesday Morning (Norwood Campus)

Women

Wonderstruck

A video study by Margaret Feinberg

Led by Karin Essen

Do you ever feel like you're going through the motions of faith? Sometimes we do and say the right things, but our hearts are far from God. In Wonderstruck, you are invited you to drink in the fullness of life God intended.

Begins 1/21 10am-Noon No Childcare 7 Weeks \$8



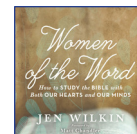
Moms

MOMS Bible Study

Led by Kellie Charbonneau

A small group Bible Study for moms. It meets the 2nd and 4th Tuesday each month. Email kellie@firstthurst.com for information. Please reserve childcare by emailing childcare@firstthurst.com.

Begins 1/7 9:30-11:30am Childcare Ongoing Free



Tuesday Morning (The Trails Campus)

Women

Women of the Word

A video study by Jen Wilkin

Led by Vickie Tongate

We all know it's important to study God's word. Sometimes it's hard to know where to start. This study will equip you to engage God's word in a way that trains your mind and transforms your heart.

Begins 1/14 9:30-11:30am No Childcare 12 Weeks Cost \$8



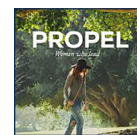
Men

Men's Bible Study

A verse-by-verse study of the book of James

Led by Chris Means

Begins 1/14 6:00-7:00am No Childcare Ongoing Free



Thursday Evening (Norwood Campus)

Women

Propel

A video/book study by Christine Caine

Led by Debbie Bandy

PROPEL exists to help activate, connect, and equip women to step into your God-given passion, fulfill your potential, and walk more confidently in your purpose. PROPEL meets the second Thursday of every month, in Fellowship Hall South.

Begins 1/9 6:30-8:00pm No Childcare Ongoing \$12

SIGN-UP FOR ALL CLASSES ON MAIN STREET