



EQUIP GROUPS

Monday Evenings + 6:30-8:00pm
Norwood Campus

Content driven groups designed to equip you for life and ministry.

Life Change

re:generation

A 12 step group

Led by re:gen Team

Re:gen is 12-step discipleship through recovery. We believe anyone can experience new life and freedom by working through steps of healing given to us by God in the Bible.

Begins 1/7 6:30-8:00pm Childcare Ongoing \$10/book



Support

Embrace Grace / Embrace Life

A video/book study

Led by Stephanie Meyer, Laura Okruch & Melissa Yoshioka

Compassionate support for women who find themselves in an unplanned pregnancy and in need of help and support. Contact embracegrace@firsthurst.com or 682.292.8252 (text or call) for more info.

Begins 1/21 6:30-8:00pm Childcare 12 Weeks Free



Women

The Amazing Collection

A video study

Led by Murrell Whelan

A book by book survey of the Bible. This semester the study will include the New Testament books from Galatians to Third John.

Begins 1/21 6:30-8:00pm Childcare 10 weeks \$10/book



Everyone

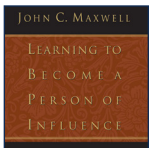
Learning to Become a Person of Influence

A video study by John Maxwell

Led by Darrell Horn

Learn how to become a positive influence at work and home. It will become a catalyst for your success and a legacy you leave behind.

Begins 1/21 6:30-8:00pm Childcare 4 weeks \$15



Parents

Love and Logic

A video study

Led by Stephanie Williams

A parenting class with specific answers, practical skills and simple techniques that are effective with children of all ages. This semester will focus on children birth to 6 years.

Begins 1/21 6:30-8:00pm Childcare 6 weeks \$150/couple



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Tuesday Morning

Women

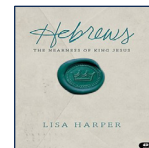
Hebrews

A video study by Lisa Harper

Led by Karin Essen

Join Lisa as she journeys through this bridge between the Old and New Testaments to get to the heart of the matter: Jesus is our accessible King. He is not a faraway God, but an up-close Redeemer who draws near to us. Hebrews helps women make the connection between God the Father and God the Son and reminds us that Jesus is supreme, but He is also compassionate, empathetic, and loving to no end.

Begins 1/15 10am-Noon No Childcare 8 Weeks \$10



Moms

MOPS Bible Study

Led by Kellie Charbonneau

A small group Bible Study for moms. It meets the 2nd and 4th Tuesday each month. Please reserve childcare by emailing childcare@firsthurst.com.

Begins 1/8 9:30-11:30am Childcare Ongoing Free



Thursday Evening

Women

Propel

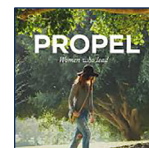
A video/book study by Christine Caine

Led by Debbie Bandy

PROPEL exists to help activate, connect, and equip women to step into your God-given passion, fulfill your potential, and walk more confidently in your purpose. PROPEL is for every woman.

PROPEL will meet the second Thursday of every month, in Fellowship Hall South.

Begins 1/10 6:30-8:00pm No Childcare Ongoing \$10



SIGN-UP FOR ALL CLASSES ON MAIN STREET